Energy & Water Saving Tips

**Appliances**

- Keep your refrigerator ¾ full of food or water in bottles. A full fridge/freezer uses less energy to keep things cool.
- Plug appliances, chargers, printers, games, computer equipment, and all other electronics into power strips, and turn the power strips off when not in use.
- If you don’t have a power strip, unplug appliances when not in use. Even when turned off, appliances still consume a considerable amount of energy.
- After showering, let hair air-dry before blow-drying.

**Air Flow**

- Keep furniture away from air vents. Placing furniture over heating and cooling registers makes your heating systems and air conditioner work harder.
- Clean or change filters regularly. A dirty furnace or A/C filter will slow down air flow and use more energy.
- Cover air conditioner vents in winter. Sealing air leaks is the first and most important step to home comfort.
- Seal windows and door drafts. Excess air leakage can increase heating and cooling bills by 30%.

**Water**

- Washing clothes in cold water prevents shrinkage and fading AND saves energy.
- Wash only full loads in your washing machine, and use the “water-saving” feature if your machine has one.
- A 5-minute shower is more efficient than taking a bath.
- Don’t let the water run while shaving or brushing teeth. Rinse brush and razors with short bursts of water.
- When hand-washing dishes, don’t run water continuously. Wash dishes in a partially filled sink and then rinse them using the spray attachment on your tap.
Heating & Cooling

- Turn down the heat at night or when you aren’t home—each degree makes a difference in your energy bill.
- Use a programmable thermostat to heat/cool your home only when needed.
- Remember to turn down the heat at least 15 minutes before bedtime or when you leave your home.
- Remember to turn your air conditioner off or to a higher temperature 15 minutes before leaving your home.
- If not HOT, use a room fan instead of an air conditioner. When HOT, use both and set the air conditioner to no lower than 75 degrees.

Cooking

- Put lids on cooking pots and use heavy pans or iron skillets to retain heat.
- Once boiling or desired cooking temperature is reached, lower the heat.
- Don’t pre-heat oven; turn off the oven 5 minutes before item is cooked.
- Cook with small appliances, such as a crock pot, microwave, toaster, etc.

Lighting

- Remember to turn lights off when you leave the room, or install motion-sensor lighting.
- Replace standard incandescent bulbs with CFL or LED bulbs—these newer bulbs last up to 25 times longer, and use about 1/4 of the electricity.
- Adjust your curtains and blinds to let sunlight in or out, depending on the desired room temperature and light.